

Our facility is in a quiet peaceful area in the City of Ione. Located in Amador County California. The heart of Gold Country and foothills to the Sierras.

With a home setting and individual attention, our detox staff and Certified Counselors help you or the one you love achieve a state of sobriety and get prepared for the journey of continued recovery from the use of alcohol and/or drugs.

Our Program is easily accessible and a short drive from Sacramento, El Dorado, San Joaquin, Calaveras, and Tuolumne Counties. We serve all central and northern California.

We are fully ADA accessible for folks with mobility, hearing, or sight impairments, along with materials for complete participation in all groups and activities. Service animals are permitted.

Our facility is designed for your safety and comfort, allowing full participation in our program and other activities.

Contact: First Step Recovery at:

(209) 274 – 4345

E-mail:

Info@FirstStepRecoveryllc.com

For more information visit:
FirstStepRecoveryLLC.com

OUR PROGRAM

Through our assessment process, your program is tailored to your specific needs.

Our counselors and education staff not only address the substance use, we also address the other areas of your life that are also affected.

We work together with you to develop the best strategies possible for the continuation of a clean and sober lifestyle.

By maintaining a smaller population, and smaller groups, our Clients receive more individualized attention and contact time with our counseling and teaching staff. We have more than 25 years combined experience.

We support 12 Step Programs, Celebrate Recovery, Wellbriety, and other Personal Cultural Practices.

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Most Major Credit and Debit Cards Accepted.



Three percent fees apply to credit card transactions.

FIRST STEP RECOVERY

**ALCOHOL AND DRUG
TREATMENT SERVICES**

For

Adult Males



**DETOXIFICATION AND
RESIDENTIAL TREATMENT**

Including: Native American Services,
Spanish and other Language
Interpretation.

CA. License #030003AP

“Your First Step Starts Here”

Phone: (209) 274-4345

Or visit:

FirstStepRecoveryLLC.com

OUR SERVICES INCLUDE

- ~ Confidential Detoxification
- ~ Daily Group & Individual Counseling
 - ~ Evaluation/Assessment
 - ~ Family Education Groups
 - ~ Relapse Prevention
- ~ Extensive Referral and Placement
 - ~ Medical Evaluation and Exam
- ~ In-House and Outside Meetings
 - ~ Semi Private Rooms

We also include

Activities, Nutritionally Balanced Meals, accommodations for special diets, Twenty-four hour staff, a safe, clean, comfortable quiet setting, Alumni Involvement, and exercise.

Family Services

- ° Family Education Groups
- ° Family/Participant Recovery planning
- ° Consulting and Referral Assistance

Call (209) 274 – 4345

OUR MISSION

To provide our participants with a safe, comfortable and comprehensive program of services that help folks start, or return to a healthy physical, emotional, and spiritual wellbeing lifestyle.

We believe in a holistic approach, treating the mind, body, and spirit. Detox Clients begin with a Screening and a Medical evaluation, including medications to help make your detox more comfortable. In addition; for all our clients, we use a variety of assessment tools & Individual counseling to develop a personal treatment plan that fits your individual needs. Our program includes Education, Balanced nutritional meals, one-on-one, group counseling, outside meetings and social re-integration. We help address the emotional, physical, social, and spiritual damage alcohol and drug use causes.

For the clients that are unable to continue into our residential program we develop extensive exit strategies, relapse prevention and free aftercare to help you maintain a clean and sober life. We help you, the families, or the person you love develop a fulfilling and sober lifestyle.

Our Philosophy

By understanding the needs of people as individuals, each with a unique set of challenges that need to be addressed, whether the needs are cultural, physical, or lifestyle, we work with you.

We address the use of alcohol and drugs with a diversity of tools while remaining sensitive to your personal needs and beliefs.

CONFIDENTIALITY

We maintain a policy of minimum interruption, which helps our clients focus on their recovery, this means we do not allow walk-in or drop-off services.

All your information is kept confidential and does not go anywhere without your personal consent and written permission.

Transportation services for Pick up and delivery can be arranged.

OUR STAFF

Our counseling and education staff are committed to helping you through every step of the treatment process and our counselors are California State Certified in Addictive Disorders and nationally accredited by the National Commission of Certifying Agencies. (NCCA).

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